



ST VINCENT'S
HOSPITAL
SYDNEY

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

Heart Transplant

Patient Treatment Record

Medical Record No:

Name:

Address:

Phone No:

Birth Date:

Type of Transplant:

Date of Transplant:

Important Information:

Next of Kin:

Address:

Phone No:

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Please check with your St Vincent's doctor if considering treatment with any of the following:

Anticoagulants	warfarin
Androgenic steroids	danazol
Anti-convulsants	oxcarbazepine, carbamazepine, phenytoin, phenobarbitone, primidone
Antibiotics	erythromycin, clarithromycin, gentamicin, tobramycin, amikacin, rifabutin, rifampicin, imipenem, norfloxacin, vancomycin
Antifungals	voriconazole, posaconazole, ketoconazole, itraconazole, fluconazole, amphotericin
Beta blockers	carvedilol
Calcium channel blockers	diltiazem, nifedipine, verapamil, lercanidipine
ACE inhibitors	captopril
Antidepressants	fluvoxamine, fluoxetine
Diuretics	frusemide, spironolactone, amiloride
Anti-reflux	cimetidine, lansoprazole, pantoprazole, omeprazole
Lipid lowering	cholestyramine, simvastatin, atorvastatin, rosuvastatin
AVOID all anti-inflammatories NSAIDs	diclofenac, indomethacin, ibuprofen
Anti-gout	allopurinol, colchicine
Supplements	potassium compounds
Weight loss agents	orlistat
Other	ursodeoxycholic acid

Your Medications Explained

Chemical Name	Brand Name	What For
Tacrolimus 5 mg 1 mg 0.5mg	PROGRAF	Prevent Rejection
Mycophenolate Mofetil 500 mg 250 mg	SANDOZ	Prevent Rejection
Prednisolone 25 mg 5 mg 1 mg	PANAFCORTELONE SOLONE	Prevent Rejection
Sulfamethoxazole 800 mg & Trimethoprim 160 mg	BACTRIM DS SEPTRIN FORTE RESPRIM FORTE	Prevent chest infection (PJP)
Pravastatin	PRAVACHOL CHOLVASTIN APO-PRAVASTATIN	Prevent Rejection Control cholesterol & prevent coronary artery disease/ protect heart

Your Medications Explained

How Long	Comments
Life	<ul style="list-style-type: none"> - from St. Vincents - keep in foil - take 12 hours apart, consistently in relation to food - AVOID grapefruit & tangelo
Life	<ul style="list-style-type: none"> - from St. Vincents - keep in foil - take 12 hours apart - do not halve or break tablets - separate from magnesium & antacids by 2 hours
Variable	<ul style="list-style-type: none"> - take with/after food
Life	<ul style="list-style-type: none"> - take only on Mondays and Fridays - take with/after food
Life	<ul style="list-style-type: none"> - take at night - report any unexpected muscle pain, tenderness or weakness to doctor

Your Medications Explained

Chemical Name	Brand Name	What For
Ranitidine	ULCAID ZANTAC RANI 2	Protect stomach and prevent reflux
Nystatin	NILSTAT MYCOSTATIN	Prevent mouth infection (thrush)
Calcium Citrate	CITRACAL	Protect bones & prevent osteoporosis
Cholecalciferol	OSTELIN VITA-D	Protect bones & prevent osteoporosis
Valganciclovir 450 mg	VALCYTE	Antiviral: to prevent CMV infection

Your Medications Explained

How Long	Comments
Life	- take 2 hours AFTER Itraconazole
Short-term	<ul style="list-style-type: none"> - swish around mouth for 1-2 minutes before swallowing - use after meals & before bed
Life	- buy from local pharmacy
Life	- buy from local pharmacy
CMV mismatch: 3 months	<ul style="list-style-type: none"> - Only YOU to touch - from St. Vincent's - keep in bottle - take with/after food - do NOT halve/break tablets

Notes

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Phone Directory

**In an Emergency Dial 000
to call an ambulance**

Clinic Hours Monday - Friday 8am-4pm

Heart Lung Transplant Unit

Appointments 02 8382 3150

Nursing Staff 02 8382 3158

Clinical Nurse Consultant 02 8382 1111 (ask to have paged)

Prescriptions 02 8382 3152

Fax 02 8382 2505

Lung Function 02 8382 2353

Fax 02 8382 2944

Echocardiology 02 8382 2422

Outpatient Pharmacy 02 8382 2594

Outside Clinic Hours - 24 hours

Transplant Co-ordinator - for nursing and home IV therapy questions

Phone 02 8382 1111

Ask operator to put you through to the Transplant Coordinator.

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